

## Rock Creek Rejuvenation

words and music R. Runyon

I've got that Rock Creek rejuvenation I've got that icicle fire in my soul  
And there ain't nothing like that sensation  
To cleanse your body and mind and heal your soul  
Warm breezes blowing down through the trees  
You got your singing birds and your buzzing bees  
Water's singing as it rolls along I sat down and I wrote this song  
I've got that Rock Creek rejuvenation I've got that icicle fire in my soul  
And there ain't nothing like that sensation  
To cleanse your body and mind and heal your soul  
Lord you know it makes me feels so good  
I'm smilin like I knew I could  
There is no way I can say no I just jump right in and I loose control  
With that Rock Creek rejuvenation I've got that icicle fire in my soul  
And there ain't nothing like that sensation  
To cleanse your body and mind and heal your soul  
My head's feline better than I thought It could  
My body feeling just like it should  
The reason why I wrote this song try to make the feeling last all year long  
I mean that Rock Creek rejuvenation I've got that icicle fire in my soul  
And there nothing like that sensation  
To cleanse your body and mind and heal your soul